

Utah State University Campus Resources

June 13, 2007

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Utah State University
Campus Resources

Cache Valley
Community
see pages 15-17.

Academic	Health & Wellness	Emotional / Mental Health	Disabilities	Financial	Employment / Career	Social / Campus Community	Legal
Available resources:	Available resources:	Available resources:	Available resources:	Available resources:	Available resources:	Available resources:	Available resources:
1 Academic Resource Center 2 Departmental Advising 3 Math/Stats Tutoring 4 Multicultural Student Services 5 Student Support Services 6 Testing Services 7 Supplemental Instruction 8	1 Alcohol and Drug Information 2 Speech-Language-Hearing Center 3 Student Health & Wellness Center 4 5 6 7 8	1 Counseling Center 2 Family Life Center 3 Psychology Community Clinic 4 Sexual Assault and Anti-Violence Information 5 Student Health Services 6 7 8	1 Communicative Disorders 2 Cntr for Persons with Disabilities (Assistive Tech) 3 Cntr for Persons with Disabilities (Clinical Services) 4 Cntr for Persons with Disabilities (Erly Intervntion) 5 Disability Resource Center 6 7 8	1 Student Employment 2 Family Life Center 3 Financial Aid 4 Re-entry Students 5 Women's Center 6 MSS 7 8	1 Student Employment 2 Career Services 3 Co-op Education and Internships 4 Financial Aid 5 6 7 8	1 ALLY Student Involvement & Leadership Center 3 Gay, Lesbian, Bisexual, and Transgender 4 Housing and Residence Life 5 International Students and Scholars 6 Multicultural Student Services 7 Re-entry Students 8 Women's Center	1 Affirmative Action / Equal Opportunity 2 Associated Students of USU Legal Services 3 Campus Judicial Officer 4 Family Life Center 5 USU Campus Police 6 7 8
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Academic

1. Academic Resource Center

<http://www.usu.edu/arc>

- a. Offers PSY 1730 course: Strategies for Academic Success
- b. Supplemental Instruction
- c. Math and Statistics Tutoring
- d. Individual study skills consultation
- e. Online resources (idea sheets, learning center, test anxiety management)

2. Departmental Advising

<http://www.usu.edu/ats/advisorlist>

A key element of the advising process is the advisor-student relationship. In this relationship, a faculty, professional, or peer advisor helps a student to select, plan and complete his/her educational goals in a friendly, helpful and professional atmosphere that will allow students to become correctly informed about educational options, graduation requirements, academic policies, and procedures; clarify educational goals; plan educational programs, evaluate progress toward the students degrees; utilize the resources available at USU; develop decision-making skills and become independent learners.

3. International Students and Scholars

<http://www.oiss.usu.edu/programs/index.htm>

- a. English Conversation Program: international students are paired with American students to practice conversation skills.
- b. International Peer Mentoring
- c. CUFISS: a community organization that holds activities for international students and helps them more fully integrate themselves into the community.
- d. Offers a variety of student organizations on campus for international students.

4. Math/Stats Tutoring

<http://www.usu.edu/arc/tutoring>

- a. Free math and statistics tutoring available in TSC 225A.
- b. Contact ARC at 797-1128

5. Multicultural Student Services

<http://mss.usu.edu>

- a. Provides recruitment, retention, and development of Native American, African-American, Asian-American, Pacific Island, and Latino students.
- b. MSS programs provide active outreach to local and Reservation schools and support enrolled students through programs of academic, leadership, and social development.
- c. Provides educational and outreach programs for American students of multicultural backgrounds.
- d. Scholarship opportunities and tutoring services are available for active students and students who are committed to becoming active with the Multicultural Student Services.

6. Student Support Services

<http://www.usu.edu/sss>

- a. Must be eligible, complete an application, and be accepted as a participant. Limited enrollment. Applications are accepted from August 1st on a first-come, first-serve basis until the program is full.
- b. Participants are offered help with academic advising, course selection, major/career advising, academic tutoring, faculty mentors, study skills instruction, college reading, math instruction, and financial aid planning.
- c. Writing tutor and math lab available.

7. Testing Services

http://www.usu.edu/testing_services

- a. Staff administers, scores, interprets and reports many exams crucial to an individual's educational and career planning.
- b. Administer admission, entrance, and placement exams (ACT, Actuarial Exams, GMAT, GRE, LSAT, MAT, MCAT, TOEFL, TSE, CLEP, PRAXIS, etc.)
- c. Offer study materials for CLEP exams and preparation classes for GRE and LSAT.

Health and Wellness

1. Alcohol and Drug Information

<http://www.usu.edu/swc/about/services.cfm>

- a. The Student Wellness Center offers low-cost alcohol and other substance use screenings and education.
- b. Alcohol and other drug education 17-hour class is open to any student interested in examining the way they use alcohol and other drugs. The class is peer-facilitated and introduces students to the problems substances can cause in the lives of individuals, families, and society.
- c. Support groups facilitate 12-step recovery groups such as Alcoholics and Narcotics Anonymous.

2. Speech-Language-Hearing Center

<http://www.coe.usu.edu/comdpstudent/applicationGradAbout.htm>

Housed within the department, the Speech-Language-Hearing Center is a modern, fully equipped clinical training facility which includes 4,000 square feet of diagnostic, treatment, and observation rooms, audiological suites, and laboratories. Each semester, graduate student clinicians provide speech-language pathology services for patients in the university and surrounding communities. Under the supervision of licensed clinical supervisors, they will diagnose and treat people with communication disorders such as aphasia, cleft palate, stuttering, traumatic brain injury, and delayed language skills.

3. Student Health and Wellness Center

<http://www.usu.edu/health>

<http://www.usu.edu/health/home.htm>

- a. Provides a clinic for primary care for the students of Utah State University. To accomplish this, they utilize the services of doctors, nurse practitioners, physicians assistants, nurses, laboratory technologists, health educators, pharmacists, dietitians, and psychologists.
- b. The Student Health and Wellness Center has developed a series of informative handouts on various common health problems that affect students.
- c. Dietitian on-site as a student resource.
- d. Women's health exams and information
- e. Information and exams related to men's health
- f. Pharmacy and physical therapy available

Emotional/Mental Health

1. Counseling Center

<http://www.usu.edu/counseling/services>

- a. Individual Counseling
- b. Group Counseling
- c. Reach Peers-undergraduate students who volunteer time to meet with fellow students. They are trained to do supplemental work with Counseling Center clients.
- d. Psychological and Psycho-educational assessment.
- e. Outreach programs and workshops
- f. Animal assisted therapy

2. Family Life Center

<http://www.usu.edu/fchd/hfc.cfm>

- a. Provides counseling to the community and students free of charge
- b. Center counsels people to learn money management skills, how to honorably discharge debts, budgeting skills, how to prepare for home ownership, qualify for a mortgage, and ways to prevent the loss of mortgaged or rented housing.

3. Psychology Community Clinic

<http://www.coe.usu.edu/psyc/links/clinic.htm>

- a. Provides diagnostic and therapeutic services to clients who may be experiencing anxiety, depression, situational stress, emotional, academic, social, parenting problems and so forth.
- b. Individual psychotherapy
- c. Child services
- d. Couples and family therapy
- e. Group psychotherapy

4. SAAVI- Sexual Assault and Anti-Violence Information

<http://www.usu.edu/saavi>

- a. Helps create violence-free environments and healthy relationships at USU
- b. Provides help to anyone who experiences violence
- c. Advocates offer support to victims of sexual assault, rape, dating violence, domestic violence, and stalking.

5. Student Health Services

<http://www.usu.edu/health>

Provides a clinic for primary care for the students of Utah State University. To accomplish this we utilize the services of doctors, nurse practitioners, physicians assistants, nurses, laboratory technologists, health educators, pharmacists, dietitians, and psychologists.

Disabilities

1. Communicative Disorders

<http://www.coe.usu.edu/comd/aboutcomd.htm>

- a. Serve the needs of individuals who have speech, language, or hearing disorders and differences.
- b. The Department provides quality professional preparation in speech-language pathology, audiology and deaf-education.

2. Center for Persons with Disabilities (Assistive Tech)

<http://www.cpd.usu.edu/asset.php?id=460>

Engineering faculty, clinical therapists, and engineering students from USU are working to assess the technology needs of individuals with disabilities and collaborate with them to develop technology solutions to those needs.

3. Center for Persons with Disabilities (Clinical Services)

<http://www.cpd.usu.edu/project.php?id=48>

- a. Multidisciplinary assessment/evaluation and treatment services are provided at a reduced cost to children, youth, and families, and to adults with suspected learning or attentional problems or developmental disabilities.
- b. Care coordination services offered for clients and their families who have multiple needs.
- c. Referrals come from community agencies, school personnel, physicians, and private individuals.

4. Center for Persons with Disabilities (Early Intervention)

http://www.cpd.usu.edu/about_cpd

- a. Early intervention with families with children aged birth to three who have developmental disabilities or are at risk for disability.
- b. Rehabilitation and education in life skills for adults with significant disabilities.
- c. Interdisciplinary clinical diagnostic and evaluation.
- d. Medical services
- e. Family supports directed to link individuals from diverse cultures to community-based services.

5. Disability Resource Center

<http://www.usu.edu/drc/services>

- a. Alternate Format Print Materials: Texts and other materials can be made available digital format, recordings, or large print.
- b. Accommodated Testings: Extended time, readers, scribes, and distraction-reduced testing rooms.
- c. Note takers: Note takers in the class provide notes for eligible students.
- d. Sign Language Interpreters and Transcription Services
- e. Transition Services: Counseling, advising, and peer mentors.
- f. Assistive Technology: The Assistive Learning Center has assistive technology for student use and a trained technician to work with students.
- g. Communication Support: Sorenson VRS, TTY, and assistive listening devices are available.
- h. Equipment Loan: Tape recorders, hand-held magnifiers, AlphaSmart, and other small devices available for checkout.
- i. Architectural Access: The DRC will assist students in arranging access including writing desks, chairs, and alternate class locations.
- j. Priority Registration: Available for students who have individual scheduling needs or to aid in providing high demand ARC services.

Financial

1. Family Life Center

<http://www.usu.edu/fchd/hfc.cfm>

- a. Provides financial counseling to the community and students free of charge
- b. Center counsels people to learn money management skills, how to honorably discharge debts, budgeting skills, how to prepare for home ownership, qualify for a mortgage, and ways to prevent the loss of mortgaged or rented housing.

2. Financial Aid

<http://www.usu.edu/finaid>

- a. Offers grants, loans, work-study and student employment for all eligible students. Scholarships are available through Admissions for incoming students and through individual departments for continuing students.
- b. Available financial aid information specialists, financial aid counselors, scholarship specialists, and student employment specialists.

3. Reentry Students

<http://www.usu.edu/reentrystudent/>

The Reentry Student Center serves as an information gathering place where students can relax, study or meet other returning students. The Center provides encouragement and facilitates reentry student's transition to university life. Students can obtain information, assistance and referral concerning the opportunities and resources available on campus and in the community.

4. Student Employment

<http://www.usu.edu/studemp>

Helps students, non-students, and student spouses find campus, off-campus, work-study and summer employment. The employment can be full-time, part-time, or temporary.

5. Student Support Services

<http://www.usu.edu/sss>

- a. Must be eligible, complete an application, and be accepted as a participant.
- b. Participants are offered help with academic advising, course selection, major/career advising, academic tutoring, faculty mentors, study skills instruction, college reading, math instruction, and financial aid planning.

- c. Writing tutor and math lab available

6. Women's Center

<http://www.usu.edu/stuserv/womencen>

- a. Library with special reading room to study and meet other students
- b. Parent locator emergency contact services
- c. Scheduled lectures, workshops, conferences, and seminars
- d. Financial assistance
- e. Women's leadership institute

Employment/Career

1. Campus Employment

<http://www.usu.edu/studemp>

- a. Helps students, non-students, and student spouses find campus, off-campus, work-study and summer employment. The employment can be full-time, part-time, or temporary.

2. Career Services

<http://www1.usu.edu/career/aboutus/index.html>

- a. Career self-assessment tools to help explore educational and career options and develop educational/occupational goals.
- b. Career counselors available for career planning discussions.
- c. Obtain career-related work experience, academic credit and pay by involvement in the Co-op Education/Internship program.
- d. Prepare for on-campus interviews and referrals, submit a resume and search through monthly job postings, research companies, and potential employers.
- e. Career Fair held each spring
- f. Student Alumni Career Network- Connect with alumni who are willing to help.

3. Co-op Education and Internship

<http://www1.usu.edu/career/co-op.html>

- a. Cooperative Education is an extremely practical and satisfying way to improve your college education. Co-op allows you to combine career-related work experience with academic course work to enrich your total educational experience. The program allows you to obtain relevant work experience before graduating, while earning academic credit and pay.
- b. Each department has an internship coordinator who works with Co-op or internships.

4. Financial Aid

<http://www.usu.edu/finaid>

- a. Offers grants, loans, work-study and student employment for all eligible students. Scholarships are available through Admissions for incoming students and through individual departments for continuing students.
- b. Available financial aid information specialists, financial aid counselors, scholarship specialists, and student employment specialists.

Social/Campus Community

1. ALLY

<http://www.usu.edu/glsrc/ac-about.html>

- a. Allies on Campus is a network of faculty, staff, and student who: (1) are committed to providing a “safe zone” for anyone dealing with sexual or gender orientation issues; (2) respect all people regardless of age, disability, gender identity, gender expression, national origin, race, religion or sexual orientation; and (3) believe that diversity enriches our lives.
- b. Allies on Campus strives to reduce homophobia and heterosexism on campus through education, advocacy, awareness, and creating a visible network of allies. The program strives to develop a welcoming and supportive campus environment for gay, lesbian, bisexual and transgender (GLBT) students, faculty, and staff.
- c. Allies on Campus provides an avenue through which individuals can actively show their support of GLBT people.

2. ASUSU

<http://a-station.usu.edu/government>

Student Involvement & Leadership Mission Statement

The mission of the Student Involvement and Leadership Center is to strive for excellence in holistic student development. We intentionally create meaningful learning opportunities that teach and challenge students through student leadership positions, service opportunities, leadership training and development, and campus activities.

Feel free to stop by our office or contact us:

- Location: TSC in room 326
- Hours: Mon-Fri 8 a.m. to 5 p.m.
- Phone: 435-797-2912
- Email: involvement@cc.usu.edu

Associated Students of Utah State University (ASUSU)

Associated Students of Utah State University (ASUSU) is an organization that enhances the quality of student life and acts as the liaison with University staff, faculty, and administration. In order to make this possible ASUSU is organized into three main bodies; Executive Council, Academic Senate and the Student Activities Board (STAB). The role of the ASUSU Executive Council is to enhance the quality of student life through: academics, activities, student concerns, public relations, service, athletics, clubs, and organizations, service and cultural events.

Val R. Christensen Service Center

The Val R. Christensen Service Center is a student run volunteer organization at Utah State University. It has been in existence since 1970 and is now one of the largest formal groups on campus. There are over 20 volunteer programs in the Service Center, giving students a wide range of volunteer opportunities to choose from.

The Council of Student Clubs & Organizations (CSCO)

The purpose of all clubs and organizations at Utah State is to supplement students with extra-curricular activities to meet various needs on campus. These needs may be: academic, community service, current issues, disability awareness and resources, entertainment, ethnic, fraternities/sororities, gender issues, honors, international, intramural, leadership development, media publication, peer assistance, performing arts, religious, and student government. Through participation in clubs and organizations, students develop social and leadership skills, expand and deepen values, and are rewarded with fulfilling educational experiences.

Fraternities & Sororities

The Greek Community is a support system where students can find fellowship, academic support, leadership opportunities, and participation in campus activities, service to the community and to the University. Each chapter sponsors various activities throughout the year including formals, service projects, alumni events, fundraisers, and several other social activities. All members are encouraged to be involved with one or more campus organizations in addition to their fraternity or sorority to give them a healthy, well-rounded college experience.

3. GLBT- Gay, Lesbian, Bisexual, and Transgender

<http://www.usu.edu/glsrca/about.html>

4. Housing & Residence Life

<http://www.housing.usu.edu>

- a. Provides social and educational involvement opportunities for married and single students living in on-campus housing.
- b. Residence life staff provides support in mediating roommate/neighbor conflicts, enforcement and education of policies, addressing safety concerns as they relate to living on campus, and connecting residents with campus resources to address physical and mental health issues.

5. International Students and Scholars

<http://www.oiss.usu.edu/programs/index.htm>

- a. English Conversation Program: International students are paired with American students to practice conversation skills.
- b. International Peer Mentoring
- c. CUFISS: a community organization that holds activities for international students and helps them more fully integrate themselves into the community.
- d. Offer a variety of student organizations on campus for international students.

6. Multicultural Students

<http://mss.usu.edu>

- a. Provides recruitment, retention, and development of Native American, African-American, Asian-American, Pacific Island, and Latino students.
- b. MSS programs provide active outreach to local and reservation schools and support enrolled students through programs of academic, leadership, and social development.
- c. Provides educational and outreach programs for American students of multicultural backgrounds.
- d. Scholarship opportunities and tutoring services are available for active students and students who are committed to becoming active with the Multicultural Student Services.

7. Reentry Students

<http://www.usu.edu/stuserv/womencen>

- a. The Reentry Student Center serves as an information gathering place where students can relax, study or meet other returning students. The Center provides encouragement and facilitates reentry student's transition to university life. Students can obtain information, assistance and referral concerning the opportunities and resources available on campus and in the community.

8. Women's Center

<http://www.usu.edu/reentrystudent/>

- a. Library with special reading room to study and meet other students
- b. Parent locator emergency contact services
- c. Scheduled lectures, workshops, conferences, and seminars
- d. Financial assistance
- e. Women's Leadership Institute

Legal

1. Affirmative Action/Equal Opportunity

<http://www.usu.edu/aaeo/staff.html>

- a. Provides resource materials such as books, videos, and articles pertaining to affirmative action and equal opportunity issues.
- b. Offers diversity-related training provided for teaching assistants, personnel and students on a requested basis.
- c. Sexual Harassment Prevention Workshops available for all new employees.
- d. Provides support and education about sexual harassment for students.

2. Associated Students of USU Legal Services

<http://a-station.usu.edu/resources/legalservices.cfm>

- a. Free legal advice and confidential counseling available to fee paying students
- b. Notary services
- c. Landlord-tenant relations
- d. Criminal, family, consumer, employment, and traffic matters
- e. Uncontested divorce

3. Campus Judicial Officer

- a. Dallin Phillips — dallin@cc.usu.edu / 797-1754, TSC 220

4. Family Life Center

<http://www.usu.edu/fchd/hfc.cfm>

- a. Provides counseling to the community and students free of charge
- b. Center counsels people to learn money management skills, how to honorably discharge debts, budgeting skills, how to prepare for home ownership, qualify for a mortgage, and ways to prevent the loss of mortgaged or rented housing.

5. USU Campus Police

<http://www.usu.edu/dps>

- a. Fingerprinting
- b. Jump-starts
- c. Lockouts
- d. Personal escorts
- e. Let-ins
- f. Crime prevention
- g. Emergency management

Cache Valley Community

Religious Organizations

Assembly of God Christian Center
930 N 400 W
753-5312

Baha'I Faith
P.O. Box 471, Logan
753-5999

Cache Valley Bible Fellowship
1601 N 400 E
752-9443

Cache Valley Unitarian Universalists
P.O. Box 306
752-2888

Church of Christ
240 W 200 N
753-1919

Emmanuel Baptist Church
P.O. Box 318, Hyrum, UT 84319
245-5898

Faith and Fellowship Center
1315 E 700 N
753-0002

First Presbyterian Church
12 S 200 W
752-0871

FOCUS (Fellowship of Christian University Students)
395 S Main
753-0280

Full Gospel Fellowship
180 W 1000 N
752-0823

Grace Baptist
475 W 600 N
753-6871

Church of Jesus Christ of Latter-day Saints
University First Stake
650 N 1200 E
755-5600

Jehovah's Witnesses
2813 S Main, Nibley
752-6843

LDS Institute
600 Darwin Ave
752-4265

Logan Islamic Center
748 N 600 E
753-2491

Lutheran, Holy Trinity
581 N 700 E
752-1453

Maranatha Baptist Church
395 S Main P.O. Box 3241
753-1241

Prince of Peace Lutheran Church
860 N 600 E
752-7753

St. John's Episcopal Church
85 E 100 N
752-0331

St. Thomas Aquinas Catholic Church
795 N 800 E USU Campus
752-1478

Seventh Day Adventist
180 W 1000 N
245-4820

Society of Friends (Quaker)
290 N 400 E
797-1297

United Methodists
235 E 850 S Brigham City
723-2506

General Resource List

Phone: 2-1-1 Website: www.informationandreferral.org Fax: (801) 746-2880



EMERGENCIES (24 HOURS)	
Life Threatening	9-1-1
Crisis/Suicide Prevention	757-3240
Poison Control	1-800-222-1222

ADULT & CHILD ABUSE/NEGLECT

Adult Protective Services (APS) (Reporting).....	1-800-371-7897
(Logan)	787-3425
Child and Family Support Center (Parenting).....	752-8880
Division of Child and Family Services (Logan).....	787-3400
Child Protective Services (CPS) (Reporting)	1-877-877-3733
Cache County Children's Justice Center	753-7017
Guardian Ad Litem/ Court Appointed	
Special Advocate (CASA)	713-6220/713-6222

CHILD/YOUTH/FAMILY SERVICES

Cache County School District.....	752-3925
Cache Valley Girl Scouts	1-800-678-7809
Cache Valley Youth Center (Detention Center).....	713-6260
Child and Family Support Center.....	752-8880
Child Care Resource & Referral – Bridgerland.....	797-1552
Children Justice Center	753-7017
Bear River Head Start (3 years old or younger)	755-0081
Preschool (4 years old).....	753-0951
Juvenile Justice Services Outreach (Community Outreach).....	787-3500
Logan City School District.....	755-2300
National Runaway Switchboard	1-800-786-2929
The Family Information & Resource Center.....	755-5171
The Nine Line	1-800-999-9999
Youth and Families with Promise (YFP)	797-1543

CLOTHING/FURNITURE/HOUSEHOLD ITEMS

Deseret Industries (DI).....	752-4511
Somebody's Attic	752-8502

COURTS

1 st District Court.....	750-1300
Juvenile	750-1260
Justice Court	
Clarkston City	563-9090
Hyde Park City.....	563-6923
Hyrum City	245-0114
Lewiston City.....	258-2141, 258-2816
Logan City	716-9540
Newton City.....	563-9283
Nibley City.....	752-0431
North Logan City	563-6923
Providence City.....	752-9441
Richmond City	258-2092
Smithfield City.....	563-6226
Wellsville City	245-3686

DOMESTIC VIOLENCE

Domestic Violence Information Line.....	1-800-897-LINK (5465)
Cache County Victim Services(District Attorney)	755-1860
Community Abuse Prevention Services Agency, Inc. (CAPSA).....	753-2500
Office of Crime Victim Reparations	1-800-621-7444
The Family Institute of Northern Utah (Counseling)	752-1976
Utah Legal Services	1-800-662-4245
VINE (Victim Information & Notification Everyday)	1-877-884-8463

EMPLOYMENT/JOB TRAINING

(See also: "Employment: Temporary" in the Yellow Pages)

Bridgerland Applied Technology College (BATC).....	753-6780
Deseret Industries (DI).....	752-4511
Division of Rehabilitation Services.....	787-3480
LDS Employment Resource Services	752-7911
Labor Commission.....	1-800-530-5090
Anti-discrimination and labor issues	1-800-222-1238
Job Corps	1-800-426-5627
Utah Department of Workforce Services (DWS)	

Logan Employment Center

FINANCIAL COUNSELING

AAA Fair Credit Foundation	1-800-351-4195
American Credit Foundation.....	1-800-259-0601
Extension Services, USU	752-6263
Family Life Center, Housing and Financial Counseling Services.....	797-7224

FOOD ASSISTANCE PROGRAMS

Cache Community Food Pantry.....	753-7140
DROPS, Utah Food Bank	2-1-1
Food Stamps, Utah Department of Workforce Services (DWS)	
Logan Employment Center	792-0300
Home Delivered Meals/Congregate Meals (Senior Citizens)	
Bear River Area Association on Aging (BRAG) (Administration) ..	752-7242
Cache County Senior Citizen Center (Logan)	716-7190
Hyrum Senior Center	245-3570
WIC (Women, Infants & Children), Bear River Health Department	792-6451

GOVERNMENT SERVICES

Cache County	755-1000
Assessor	750-5300
Clerk	755-1460
Recorder	755-1530
Treasurer.....	755-1500
Zoning	755-1640
Clarkston City (Town Hall)	563-9090
Hyde Park City	563-6507
Hyrum.....	245-6033
Lewiston City	258-2141
Logan City	716-9000
Business License Division	716-9230
Environmental Health	716-9753
Garbage Disposal/Landfill & Compost/Recycling	
Mayor's Office	716-9002
Parks & Recreation	716-9250
Planning and Zoning & Building Inspections Divisions	716-9020
Millville City	750-0924
Newton (Town Hall).....	563-9283
Paradise (Town Office-Hall).....	245-6737
Providence City	753-4546
Richmond City.....	258-2092
Smithfield City	563-6226
Wellsville City.....	245-3686
Division of Motor Vehicles (DMV) .. 716-7110, 1-800-DMV-UTAH (368-8824)	
Drivers License Division	752-0332, (801) 965-4437 (Administration)
United States Postal Service (USPS)	1-800-ASK-USPS (275-8777)

HEALTH CARE/HOSPITALS/CLINICS

Cache Valley Specialty Hospital (CVSH).....	713-9700
Caring Foundation for Children (Dental insurance).....	1-888-589-5437
Bear River Health Department	792-6500
Logan Regional Hospital (IHC).....	716-1000
HIPUTAH (Utah Comprehensive Health Insurance Pool).....	1-800-705-9173
IHC Cache Valley Community Health Clinic.....	716-5410
Medicaid, CHIP, PCN, and PCN Covered At Work	
(Eligibility is handled by the Bureau of Eligibility Services (BES) unless a case is open with the Utah Department of Workforce Services (DWS).)	
Bureau of Eligibility Services (BES)	787-3501
Utah Department of Workforce Services (DWS).....	792-0300
Children's Health Insurance Program (CHIP)	1-877-KIDS-NOW
Medicaid/PCN Information Line (Information for beneficiaries)....	1-800-662-9651
Primary Care Network (PCN) (General information)	1-888-222-2542
Office of Consumer Health Assistance (OCHA)	1-866-350-OCHA (6242)
Planned Parenthood Association of Utah.....	753-0724
Facts of Life Line (recorded messages).....	1-800-344-4134
Sunshine Terrace Foundation (Rehabilitative & long-term care services) ..	752-0411
Utah Family Health Line	2-1-1 or 1-800-472-4716
Veterans Community Based Outpatient Clinic (Ogden)	(801) 479-4105

HOUSING/UTILITIES

Bear River Association of Governments (BRAG)	752-7242
Cache County American Red Cross (Utilities).....	752-1125
Habitat for Humanity –Cache Valley	752-9669
Neighborhood Nonprofit Housing Corporation.....	753-1112
Utah Department of Workforce Services (DWS)	
Logan Employment Center	792-0300
Hyrum City Power & Light.....	245-6033
Logan City Utilities.....	716-9200
Questar Gas (Customer Service)	1-800-323-5517
Gas Leaks.....	1-800-541-2824
Blue Stakes	1-800-662-4111
UTAP (Utah Telephone Assistance Program) – Lifeline	1-800-948-7540
Rocky Mountain Power	1-888-221-7070
Outages/Emergencies.....	1-877-548-3768

LAW ENFORCEMENT/EMERGENCY SERVICES/FIRE

Emergencies (Fire, Hazardous Materials, Medical, & Police).....	9-1-1
Area Dispatch (Non-emergencies)	716-9400
Cache County Sheriff (Business)	755-1000
Jail.....	750-7424
Richmond Office.....	258-4338
Road Conditions.....	716-9440
Fire.....	716-9400
Burn Permits	716-7299
Hyrum City	
Fire	245-7634
Police.....	750-7400
Logan City	
Fire Department	716-9500
Police (Administration Office).....	716-9300
Animal Control	716-9410
Newton City (Fire).....	563-9283
Paradise City (Fire)	245-6737
Smithfield City (Fire).....	563-3056
Wellsville City (Fire)	716-7299

LEGAL INFORMATION/CONSULTATION

Consumer Protection, Division of	1-800-721-SAFE (7233)
Disability Law Center	1-800-662-9080
Lawyer Referral	www.utahbar.org (click on legal match)
Utah Legal Services	1-800-662-4245
Pro Se Legal Clinic (Held at Cache County District court).....	750-1300

LIBRARIES

Logan City	716-9123
Providence City.....	752-7881
Hyrum City	245-6411
Lewiston City.....	258-5515
Newton City.....	563-9283
North Logan.....	755-7169
Richmond City.....	258-5525
Smithfield City.....	563-3555

MENTAL HEALTH/COUNSELING

Bear River Mental Health	752-0750
Bear River Clubhouse	753-2080
Child and Family Support Center (parenting).....	752-8880
LDS Family Services	752-5302
NAMI (National Alliance for the Mentally Ill) Utah.....	1-877-230-6264
The Family Institute of Northern Utah (Logan)	752-1976
USU Marriage & Family Therapy Clinic	797-7430
USU Psychology Community Clinic (Logan).....	797-3401

OTHER SERVICES

Better Business Bureau (BBB).....	1-800-456-3907
Cache Chamber of Commerce	752-2161
Cache Valley Hispanic Center	753-8486
Cache Valley /Logan Transit District (LTD/CVTD).....	752-2877
Paratransit service	753-2255
Bridgerland Literacy	716-9141
English Language Center of Cache Valley, Inc.....	750-6534
Greater Smithfield Chamber of Commerce.....	563-6227
Small Business Development Center	797-2277
Whittier Community Center.....	753-9008



UTAH FOOD BANK
SERVICES

PEOPLE WITH DISABILITIES

711 Relay Utah	7-1-1
Access Utah Network	1-800-333-8824
Cache Employment and Training Center	752-7952
Center for Persons with Disabilities (CPD).....	797-1981
Utah Assistive Technology Foundation	797-2025
Utah Assistive Technology Program	797-3824
Bear River Activity and Skills Center (BRASC)	755-0571
Common Ground Outdoor Adventures	713-0288
Division of Rehabilitation Services	787-3480
Division of Services for People with Disabilities (DSPD).....	787-3450
Options for Independence.....	753-5353
Utah Parent Center and Autism Information Resources	
Salt Lake City Office (Parents of children with disabilities).....	1-800-468-1160

PREGNANCY

(See also: Health Care/Hospitals/Clinics)

Baby Your Baby Hotline	1-800-826-9662
Children's Aid Society of Utah.....	1-800-273-8671
LDS Family Services (Logan)	752-5302
Planned Parenthood Association of Utah (Logan Office)	753-0724
Pregnancy Riskline.....	1-800-822-BABY (2229)
The Children's Service Society of Utah.....	1-800-839-7444

RAPE/SEXUAL ASSAULT

Community Abuse Prevention Services Agency (CAPSA)

Rape Crisis Intervention	753-2500
Rape/Sexual Assault Crisis Line.....	1-888-421-1100
Utah Coalition Against Sexual Assault (UCASA).....	1-866-878-2272

SENIOR CITIZENS

AARP	1-866-448-3616
Bear River Area Agency on Aging	752-7242
Cache County Senior Citizen Center (Logan).....	755-1720
Hyrum Senior Center.....	245-3570

SEXUALLY TRANSMITTED DISEASES/AIDS INFO

(See also: Health Care/Hospitals/Clinics)

People with AIDS Coalition of Utah.....	(801) 484-2205
Planned Parenthood Association of Utah	753-0724
STD/HIV/AIDS Education, Bear River Health Department	734-0845
Utah AIDS Foundation. 1-800-FON-AIDS (Hotline), 1-800-865-5004 (Office)	

SUBSTANCE ABUSE

Alcoholics Anonymous (AA) of Cache Valley.....	755-7772
Alanon Information Center	716-5310
Bear River Health Department Division of Substance Abuse	792-6420
Narcotics Anonymous.....	www.nuana.org
The Family Institute of Northern Utah.....	752-1976
Tobacco Quit Line	1-888-567-TRUTH (8788)
Veterans Outpatient Clinic (Ogden).....	(801) 479-4105

SUPPORT GROUPS

Call for details on various groups	2-1-1
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VOLUNTEER

Cache 211 Volunteer Center	752-3103
Val R. Christensen Service Center, USU	797-SERVE (7378)

WELFARE AND FINANCIAL SERVICES

Office of Recovery Services (ORS) (Ogden).....	1-800-336-2629
Social Security Administration (SSA) (Ogden) ...	(801) 625-5641, 1-800-772-1213
Unemployment Insurance Center.....	1-888-848-0688
Utah Department of Workforce Services (DWS)	
North Region Administrative Office (Ogden).....	(801) 626-3100
Logan Employment Center	792-0300
Customer Relations	1-800-331-4341
Worker's Compensation Fund (WCF)	1-800-446-2667

211 is the place to call if you need help or want to give help. Callers can be linked to resources available from health and human service programs throughout the state.

Last Update: February 2007

Please obtain a new copy if more than 6 months old. If your cellular phone or office phone system does not recognize the 211 number, you can dial 1-888-826-9790 for the same free services.