



# Active Listening for Lectures

Active listening for lectures means listening intentionally, hearing what a speaker is saying, and understanding how it applies to you. It means remembering for future use and evaluation.

Here are some tips for improving your active listening for lectures.

## Before Class

Complete the assigned readings

Get the rest, exercise and nutrition you need

Try to anticipate what will be discussed

Note the date of each lecture in your notes

Use outlines to organize notes and capture main points

Resist distractions

## During Class

Ask critical thinking questions

Make connections to things you already know

Sit where you can listen best

Recognize signs that the speaker is making an important point

Keep your mind open to new arguments and information

Sit at attention— if you act like you're paying attention it's easier to do so

## After Class

Summarize the main ideas you heard

Reread notes within the hour for clarification and emphasis

Compare notes with a classmate

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