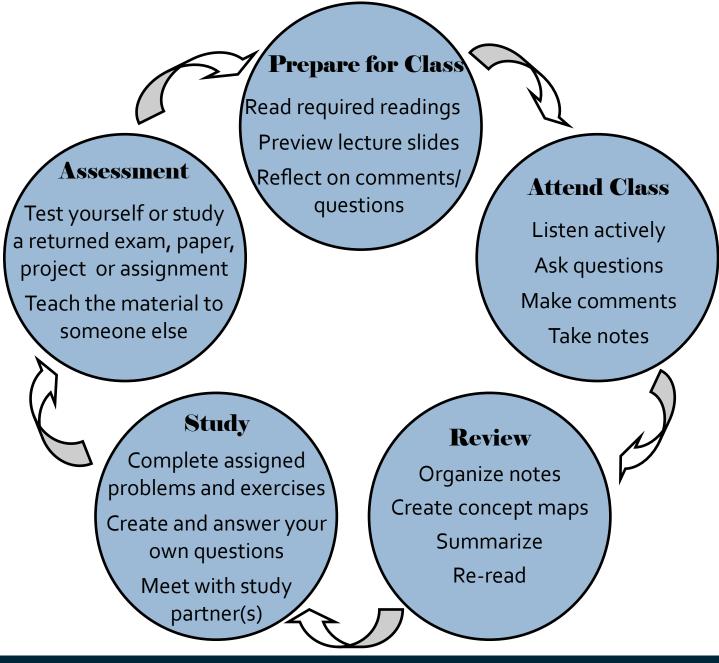


Active study cycles make new ideas and information meaningful by setting up routines and organizing steps for understanding and remembering what you're learning. They emphasize that new ideas and information build on what we already know.



For more information on the **USU <u>Academic Resource Finder</u>, Habits of Mind** courses and sign up with an <u>Academic Success Coach</u>, visit Academic Belonging and Learning Excellence • <u>usu.edu/able</u>



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