

An excellent study guide isn't just a way to organize information into a single source. Creating them helps with understanding, memorization and internalization of information in the following ways.



CONDENSE

- Rearrange and rewrite your course notes by <u>concept</u>, paraphrasing and summarizing information
- Use your own language instead of technical jargon
- Organize

 information in a way
 that makes sense for
 <u>you</u> (key points,
 chronological,
 concept maps,
 flashcards, doodles,
 audio clips, etc.)



VISUALIZE

- Try to predict what kinds of questions might come up in class or on an exam and find the answers to those questions
- Picture ways that the concepts and ideas you're studying relate with one another using compare/contrast.
- Anticipate ways the ideas and information relate to life outside the classroom.



Produce your own

CREATE

- real-world examples
- Translate ideas and concepts into stories that you can connect to emotionally and recite back to yourself
- Work with a classmate or study group to create materials that will help you see the ideas and information from a different point of view

For more information on the **USU <u>Academic Resource Finder</u>, <u>Habits of Mind</u> courses and sign up with an <u>Academic Success Coach</u>, visit Academic Belonging and Learning Excellence • usu.edu/able**

