



Successful Study Groups

Studying with others helps to externalize your thoughts, keep studying interesting and maintain accountability. Practicing with and explaining to committed classmates makes it easier to recall information later.

WHO?

Find 3-5 people who are interested in forming a study group.

Ask the people around you in class. If they're not interested, they may know someone who is.

Check with your professor.

Use the chat feature and breakout rooms in online classes to see if someone would like to join you.

WHEN?

Schedule a time that works well for everyone.

Decide on length— 60-90 minutes at a time works best. Allow some time for venting and visiting.

Be consistent— before an exam is a good idea, but meeting weekly yields the best results.

Offer options to join you online.

WHERE?

Find a physical spot that allows discussion but that isn't too noisy

Look for spaces where you might have access to whiteboards and outlets.

Reserve a study room in a [USU library](#).

Use Zoom and other technology to include classmates.

HOW?

Set a study agenda and do your best to stay organized and focused.

Answer questions from the classwork and that you've created yourselves.

Quiz each other for memorization.

Teach each other for comprehension.

Be kind and respectful. Honor the contributions of every member of the group.

For more information on the [USU Academic Resource Finder](#), [Habits of Mind](#) courses

and sign up with an [Academic Success Coach](#), visit

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