SIR/TV Decision-Making Matrix

Use to compare and contrast occupations or majors using SIR/TV factors.

Directions:

- 1. Complete steps 1 4 in the table below
- 2. Use O*NET OnLine (online.onetcenter.org) and FOCUS 2 (www.usu.edu.career found in the "Great Resources" section) for your research.
- 3. Self-awareness is an on-going process; change your ratings if the rankings don't feel right.
- 4. If you have a tie in total ratings, make a choice between the two and rank the tie so you don't have two careers with the same ranking.
- 5. If you aren't clear about your feelings, this is an indicator that you need more information either about <u>yourself</u>, about <u>the option</u>, or <u>both</u>.

Step 1. Identify five Careers/Majors you are interested and list them in the row below.					
Careers or Majors →	1.	2.	3.	4.	5.
Step 2. Research each factor (Skills, Interests, Realities, Temperament, and Values) typically associated with the careers/majors listed in Step 1 using Focus and O*NET Online. Then rate each factor 1 – 10 (1 = "not a good fit" and 10 = "perfect fit"). Put ratings in the boxes below.					
Skills: Do you have or can you learn the skills required? Consider the skills you prefer using.					
Interests: Do you have a history of interest in this area or a related area (preference for working with people, things, ideas, and data)?					
Realities: Factors outside of you which influence your decision: time to graduate, salary, family, advancement, labor market (Look at Outlook, Earnings, & Areas of Study).					
Temperament: Personality traits: i.e. creative, practical, extrovert, logical, etc. (Look at Working Conditions).					
Work Values: Prestige, variety, creativity, leadership, high achievement, physical activity, purposeful, independence, work w/mind					
Step 3. Add your scores \rightarrow					
Step 4. Rank your results → (highest: 1 st - lowest: 5 th)					
Career Coach Academic Adviser					
Acadellic Adviser					1