

Changes in CCAPS for USU CAPS Compared to National Averages 2014 to 2017

CCAPS Subscales*	National Average	2014-2015 CAPS Average	2015-2016 CAPS Average	2016-2017 CAPS Average
Depression Low-Cut	0.673	<b>0.732</b>	<b>0.786</b>	<b>0.686</b>
Depression High-Cut	0.835	<b>0.908</b>	<b>0.962</b>	<b>0.852</b>
Generalized Anxiety Low-Cut	0.523	<b>0.596</b>	<b>0.572</b>	<b>0.555</b>
Generalized Anxiety High-Cut	0.684	<b>0.765</b>	<b>0.713</b>	0.673
Social Anxiety Low-Cut	0.419	<b>0.466</b>	<b>0.446</b>	<b>0.452</b>
Social Anxiety High-Cut	0.525	<b>0.619</b>	<b>0.581</b>	<b>0.553</b>
Academic Distress Low-Cut	0.475	0.373	<b>0.510</b>	0.405
Academic Distress High-Cut	0.776	0.673	0.769	0.655
Eating Concerns Low-Cut	0.595	0.537	<b>0.662</b>	0.588
Eating Concerns High-Cut	0.662	0.636	<b>0.728</b>	0.653
Hostility Low-Cut	0.545	<b>0.658</b>	<b>0.571</b>	<b>0.625</b>
Hostility High-Cut	0.780	<b>0.818</b>	0.755	<b>0.847</b>
Alcohol Use Low-Cut	0.570	<b>0.618</b>	<b>0.859</b>	<b>0.644</b>
Alcohol Use High-Cut	0.749	<b>0.741</b>	<b>1.030</b>	<b>0.843</b>
Distress Index Low-Cut	0.490	<b>0.556</b>	<b>0.582</b>	<b>0.548</b>
Distress Index High-Cut	0.672	<b>0.693</b>	<b>0.727</b>	0.656

\*Scores on the CCAPS are divided into three ranges of distress, Low-Distress (white), Moderate Distress (yellow), and Elevated Distress (red), using Low and High cut-scores (Low-Cut and High-Cut). Clients that score over the Low-Cut include Moderate Distress plus Elevated Distress scores. Those that score over the High-Cut include Elevated Distress scores only.

National Average = The national average Pre-Post change in CCAPS scores for the indicated subscale and cut-score over several years.

CAPS Average = The average difference in Pre-Post change in CCAPS scores for USU CAPS clients during the specified academic year.