

First Last name

| phone number | professional email address

Insert Job Title for Application

EDUCATION

B.S., Nutrition, Dietetics and Food Science, Didactic Dietetics Emphasis

Utah State University, Logan, UT

May 2021

GPA 3.4

FOOD SERVICE EXPERIENCE

Kitchen Staff | *Edith Bowen Kitchen* | Logan, UT

September 2019 – Present

- Prepared food safely while utilizing kitchen equipment, recipes, and planning to provide nutritious meals to 300 kids on a team of 5
- Maintained proper sanitation of dishes, utensils, and equipment to ensure food safely
- Arranged food for service to kids in an organized and safe manner providing the balanced nutrition they need for healthy growth
- Adapted procedures and practices during COVID 19 to maintain safe and clean environment

Baker | Old Grist Mill | Logan, UT

April 2017 – October 2019

- Worked with a team of 7 to produce bread and other satisfactory baked goods
- Maintained quality customer service while serving customers and making sandwiches
- Communicated kindly and professionally with customers to understand dietary needs for baked items

COMMUNITY EXPERIENCE

Teaching Assistant | NDFS 1260 | Utah State University | Logan, UT

Fall 2020

- Educated a group of 24 students on food safety, skills, and time management
- Assessed and monitored students' progress and needs while providing constructive feedback
- Developed and presented demonstrations of cooking techniques for a group of 24
- Organized a shopping list and purchased ingredients to produce the inventory needed to cook for a group of 52

CLINICAL EXPERIENCE

Cook and Dietary Aide | Sunshine Terrace | Logan, UT

April 2019 – October 2019

- Trained 2 new cooks to follow menus and dietary guidelines to provide adequate nutrition and textures to residents
- Trained 5 new dietary aids to serve residents and assure quality of meals served
- Developed new procedures for inventory of products to reduce cost and minimize waste
- Promoted employee morale and improved turnover rates through planning team building events such as potlucks and holiday celebrations
- Calculated menus using facilities census to cook and alter meals for residents successfully meeting individual dietary need

SKILLS AND CERTIFICATION

CompuTrition Software
Menu Planning

Serve Safe Manager
ESHA

Food handlers permit

ADDITIONAL WORK/ LEADERSHIP/ SERVICE

Dietetics Student Association | Utah State University | Logan, UT

CAAS Council | Utah State University | Logan, UT

Spanish Speaking Volunteer | Non Profit Religious Organization | El Paso, TX

Sept 2018 – Present

Sept 2017 – April 2018

May 2016 – Sept 2017