

Building Forward

	Activities to Help Me Reach My Goal & Resources	People or Information Resources Needed	Date to be completed	✓
0-3 months	Ex. Registering for USU 1220 Career & Life Planning	USU Catalogue	Registration date	
3-12 months				
1-2 years				

Next Step Appointment

Activity	Date	Coach/Adviser
Example: Check in about exploration process	January 12	Set up return appointment through Aggie Handshake/front desk