



RIVER'S EDGE PACKING LIST

Clothing (avoid cotton)

- Long Pants x1
- Board Shorts x1
- Other Shorts x1
 - No Short Shorts
- T-shirt x1
- Shirt, Long or Short Sleeved x1
 - Synthetic, Non-cotton
- Sweatshirt/Jacket for river x1
- Warm Jacket/Coat x1
- Baseball Cap x1
- Beanie/Stocking Cap x1
- Comfortable, closed-toe shoes
 - Required for river & hikes
- Camp shoes
 - Something comfortable
- Wool/Neoprene Socks x3 pairs

Toiletries

- Toothbrush, Toothpaste, Floss
- Sunscreen
- Lip Balm/Chapstick
- Hand Lotion
- Wet Wipes
- Personal Medications
- Feminine Hygiene Products

Miscellaneous

- Sunglasses w/ Retaining Strap
- Small Nylon/Mesh Bags
 - For Organizing Dry Bag Gear
- Water Bottle/Bladder
 - At LEAST 2 liters or 64 oz.
- Handkerchief for runny nose
- Insect Repellent

Optional Items

- Sarong (Lightweight coverup)
- Large Sun Hat
- Sun Hoodie
- Sun Gloves
- Small Day Pack
- Packable Towel
- Reading Material
- Pillow (must fit in Dry Bag)

Provided Items

- Rain Jacket
- Sleeping Bag
- Sleeping Pad
- 55 & 20 Liter Dry Bags
- Headlamp & Fresh Batteries

