

Understanding Gender

AN IN-DEPTH EXPLORATION FOR EDUCATORS & PARENTS

ADDITIONAL RESOURCES: SEGMENT 3 – BUILDING GIRLS & BOYS INTO HEALTHY ADULTS

Videos

- [Sex Needs a New Metaphor. Here's One...](#) (Ted Talks, 2012)
- [Social and Emotional Learning](#) (TEDx You Tube, 2014)

Podcast

- [The Journey of Gender Fluidity on Apple Podcasts](#) (Ladies Who Lunch, 2017)

Articles

- ['Frenemies' and Toxic Friendships](#) (Raising Children Network, 2018)
- [Adolescent Sexual Orientation](#) (Pediatrics & Child Health, 2008)
- [Adolescents: Differences in Friendship Patterns Related to Gender](#) (Issues in Educational Research, 2016)
- [Characteristics of Young Adult Sexual Relationships: Diverse, Sometimes Violent, Often Loving](#) (Child Trends, 2011)
- [Child Development Theory: Adolescence \(12-24\) The Development of Sexual Orientation](#) (RISAS, N.D.)
- [Children's Friendships](#) (The Psychologist, 2019)
- [Educating the Heart as well as the Mind: Social and Emotional Learning for School and Life Success](#) (Education Canada, 2007)
- [Endocrine System \(For Teens\)](#) - Nemours KidsHealth (KidsHealth, N.D.)
- [For Teens Making Decisions About Sex and Intimacy](#) (IFAS Extension, N.D.)
- [Gay, Lesbian and Bisexual Adolescents](#) (AACAP, 2018)
- [Gender and Sexual Orientation Diversity in Children and Adolescents in Schools](#) (APA, 2014)
- [Gender and Sexuality](#) (Beyond Blue, N.D.)
- [Gender and Sexuality: Beyond 'He' or 'She'](#) (Time, 2017)
- [Gender and Teenagers](#) - ReachOut Parents (ReachOut, N.D.)
- [Gender Identity](#) (Caring for Kids, 2018)
- [Gender, Sex and Sexuality and Young People](#) (Reach Out, N.D.)
- [Hormones and Puberty](#) (CK-12 Foundation, 2014)
- [Hormones May Affect Girls' Interests, But Not Their Gender Identity or Playmates](#) (ScienceDaily, 2018)
- [How Educators Can Support Families With Gender Diverse And Sexual Minority Youth](#) (APA, 2015)
- [How SEL Helps You as a Teacher](#) (Understood, N.D.)
- [Manifesting Maturity: Gendered Sexual Intimacy and Becoming an Adult](#) (Sexualities, 2019)
- [Parents' Influence on the Health of Lesbian, Gay, and Bisexual Teens: What Parents and Families Should Know](#) (CDC, 2013)
- [Physical Development in Adolescence | Education, Society, & the K-12 Learner](#) (LumenLearning, N.D.)
- [Physical Development: What's Normal? What's Not?](#) (HealthyChildren, 2015)

- [Play Patterns and Gender](#) (Encyclopedia of Women and Gender, 2001)
- [Promoting Healthy Sexual Development and Sexuality](#) (Bright Futures, N.D.)
- [Resolution on Gender and Sexual Orientation Diversity in Children and Adolescents in Schools](#) (APA, 2015)
- [Respect + Sex](#) (Love is Respect, N.D.)
- [Sex-Differences in Language and Socio-Emotional Skills: Evidence from Large Scale Studies of Very Young Children](#) (IZA, 2016)
- [Sex-Related Variation in Human Behavior and the Brain](#) (Trends in Cognitive Sciences, 2010)
- [Sexual Attraction and Orientation \(For Teens\)](#) - Nemours Kids Health (Kids Health, N.D.)
- [Sexual Orientation and Adolescents](#) (Pediatrics, 2004)
- [Teenage Friends and Friendships](#) (Raising Children Network, 2018)
- [Teenage Relationships: Romance and Intimacy](#) (Raising Children Network, 2018)
- [The Integration of Social Emotional Learning and Cultural Education into Online Distance Learning Curricula: Now Imperative During the COVID-19 Pandemic](#) (Creative Education, 2020)
- [The SEL School: Connecting Social and Emotional Learning to Effective Teaching](#) (Center on Great Teachers & Leaders, 2013)
- [The Sexual Double Standard and Gender Differences in Attitudes Toward Casual Sex Among U.S. University Students](#) (Demographic Research, 2014)
- [Understanding Gender and Sexuality](#) (Beyond Blue, N.D.)
- [What Does Biological Sex Look Like in The Brain?](#) (NPR, 2020)
- [What Does It Mean to Be Gender Fluid?](#) (Healthline, 2020)
- [What It Means to be Gender-Fluid](#) (CNN, 2016)
- [Why The “Born This Way” Argument Doesn't Advance LGBT Equality](#) (Ted Talks, 2018)
- [Your Endocrine System \(For Kids\)](#) - Nemours KidsHealth (KidsHealth, N.D.)
- [Your Teen’s Sexual Orientation](#) (Caring for Kids, 2018)
- [Your Teen's Sexual Orientation and Gender Identity](#) (Michigan Medicine, 2019)

Blog Posts

- [A Time of Change: Talking with Tweens and Teens about Their Bodies](#) (A Mighty Girl, 2019)
- [Frenemies and Bullying: Helping Girls Cope When Friendship Is Used as a Weapon](#) (A Mighty Girl, 2019)
- [Gender and Friendship - Sociology of Gender](#) - iResearchNet (Sociology, N.D.)
- [How to Encourage Girls to Lift Each Other Up, Instead of Tearing Each Other Down](#) (A Mighty Girl, 2019)
- [The Hidden Benefits of Girl-Boy Friendships and How to Foster Them Between Children](#) (A Mighty Girl, 2020)
- [Hookups, Sex, and Relationships at College](#) (Contexts, 2014)

Book Section

- [Sexual Differentiation of the Brain and Behavior: A Primer](#) (Neuroscience in the 21st Century, 2016)